

NAAC ACCREDITED



FAIRFIELD
Institute of Management & Technology
Affiliated to GGSIP University & an 'A' Grade College by DHE, Govt. of NCT Delhi
Approved by AICTE BCI & NCTE Recognised under 2(f) of UGC Act of 1956

19th
YEARS
ANNIVERSARY
EXCELLENCE IN EDUCATION

Ref/IQAC/ Yoga/ 2026

Date: 18/06/2026

CIRCULAR

The 12th International Yoga Day highlights the significance of yoga in promoting physical health, mental well-being, emotional balance, and a harmonious lifestyle for individuals and communities. All Teaching and Non-Teaching Staff members are hereby informed that Fairfield Institute of Management & Technology (FIMT) IQAC is organizing a **Yoga Session** on the occasion of the **12th International Yoga Day on 20 June 2026** at the **Sports Area, FIMT Campus**.

The details of the programme are as follows:

Date: 20 June 2026

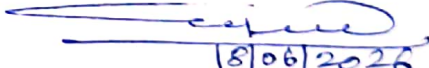
Time: 9:00 AM to 10:00 AM

Venue: Sports Area, FIMT Campus

All Teaching and Non-Teaching Staff members are requested to participate enthusiastically in the programme and contribute to making the event successful. Participants are advised to wear comfortable attire, bring your own yoga mat and report to the venue at least 15 minutes before the commencement of the session.

Your punctuality and active participation will be highly appreciated.



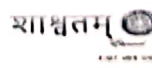

18/06/2026
Prof. (Dr.) Saroj Vyas
Director, FIMT



FIMT Institutional Campus,
Kapashera, New Delhi-110037



Tel. - 011-25063208-12
E-Mail - fimtnd@gmail.com



Web. - www.fimt-ggsipu.org



24x7 Helpline
8080804002 | 8080807002



Scanned with OKEN Scanner